

**WHAT'S YOUR  
LEARNING STYLE?**

# OBJECTIVES & MATERIALS

## ○ Objectives:

- Students will determine how they learn the best
- Students will be motivated to use their learning styles to their advantage

## ○ Materials:

- Whiteboard/Markers
- Learning Styles quiz

# LEARNING STYLE QUIZ

⦿ Learning Styles” quiz:

[http://www.odessa.edu/dept/govt/dille/brian/courses/1100orientation/learningstyleinventory\\_survey.pdf](http://www.odessa.edu/dept/govt/dille/brian/courses/1100orientation/learningstyleinventory_survey.pdf)

# VISUAL LEARNING STYLE

- ◉ Mind sometimes strays during verbal activities
- ◉ Observe rather than act or talk
- ◉ Like to read
- ◉ Usually a good speller
- ◉ Memorizes by seeing graphics or pictures
- ◉ Not too distractible
- ◉ Finds verbal instruction difficult
- ◉ Good handwriting
- ◉ Remembers faces

- ◉ Uses advanced planning
- ◉ Doodles
- ◉ Quiet by nature
- ◉ Meticulous, neat in appearance
- ◉ Notices details

# AUDITORY LEARNING STYLE

- ◉ Talks to self aloud
- ◉ Enjoys talking
- ◉ Easily distracted
- ◉ Difficulty with written directions
- ◉ Likes to be read to
- ◉ Memorizes sequentially
- ◉ Enjoys music
- ◉ Whispers to self while reading
- ◉ Distracted by noise
- ◉ Hums or sings
- ◉ Outgoing

# KINESTHETIC LEARNING STYLE

- ◉ Likes physical rewards
- ◉ In motion most of the time
- ◉ Likes to touch people when talking
- ◉ Taps pencil or foot when studying
- ◉ Enjoys activities
- ◉ Reading not a priority
- ◉ Poor speller
- ◉ Likes to solve problems by physically working through them
- ◉ Will try new things

- ◉ Outgoing by nature; expresses emotions by physical means
- ◉ Uses hands while talking
- ◉ Dresses for comfort



# GROUP ACTIVITY

1. Students break up into groups based on the 3 learning types (auditory, kinesthetic/tactile, and visual).
3. Based on what you've learned about your learning style, brainstorm methods that would best help you learn and study.
4. Students share ideas in a large group
5. \*Everyone learns differently and what works for one student might not work for another student, even if they have the same type of learning style.

# HINTS FOR AUDITORY LEARNER

- ◉ Say information aloud
- ◉ Record yourself reading info and play it back
- ◉ Say words inside your head silently
- ◉ Brainstorm ideas in study groups
- ◉ Use videos, oral reports, rhymes and songs, radio, lectures, book reviews, panel and group discussions, guest lectures & oral questions and answers
- ◉ Use a straight-edge to help you keep your place when reading

- ⦿ Tape class lectures with teacher permission
- ⦿ Plan each sentence you want to write by saying it aloud
- ⦿ Say each sentence several times
- ⦿ Write each sentence as you say it
- ⦿ Say math concepts, facts and theorems aloud
- ⦿ Explain math problems, concepts, facts, etc to someone else or aloud to yourself

# HINTS FOR THE VISUAL LEARNER

- ◉ Take notes, make pictures, graphs & charts
- ◉ Flashcards and highlight key details
- ◉ Sit close to the teacher
- ◉ Make lists as you listen to directions
- ◉ Pay attention to any visual aids a teacher uses
- ◉ Imagine pictures of the info you are supposed to remember
- ◉ Use color coding as cues to important info
- ◉ Read assignments silently
- ◉ Read and study in a well lit, quiet place

- ⦿ Record homework assignments in an agenda
- ⦿ Keep a notepad with you at all times
- ⦿ Make a quick outline on scratch paper or in the margins before writing an essay on a test
- ⦿ Visualize math problems
- ⦿ Make pictures or tallies of math problems on scratch paper
- ⦿ Write out math problems

# HINTS FOR TACTILE/KINESTHETIC LEARNERS

- ◉ Keep your desk clear of distracting objects
- ◉ Cover the page you're not reading
- ◉ Turn off music, wear earplugs to block out noise
- ◉ Divide your work into short study sessions using a timer
- ◉ Sit close to the teacher or by quiet students
- ◉ When studying, use multi sensory approach (hearing, seeing, touching and doing)
- ◉ Get enough rest
- ◉ Eat a nutritious breakfast and lunch; snack on fruit if you need extra energy

- ◉ Study in a structured environment with a desk
- ◉ Use models, real objects & materials that can be touched and moved like a globe for geography
- ◉ Draw what you are learning